



Hike-A-Thon!

Presented by Wind Dance Farm and Earth Education Center

Hikers of all ages are invited for a fun afternoon of hiking and exploring Cacapon State Park's beautiful natural setting. The fall foliage is spectacular in October!

Where: Batt Picnic Shelter in Cacapon State Park, Berkeley Springs, WV 25411

(522 North coming from Winchester/522 South from Hagerstown and Martinsburg)

When: Saturday, October 17, 2015 (Rain date: Sunday October 18)

Registration begins at 12:00 pm

1:00 pm start time for 5-mile hike

2:30 p.m. start time for 3-mile and 1.5-mile hikes

Who Can Participate: ANYONE!

Three hiking options on the Central Trail:

5 miles--moderate difficulty level with some mid-grade uphill sections

3 miles--less distance with mid-grade uphill sections

1.5 miles--least distance with less uphill sections using some paved park roads

Entry fees:

\$20 individual (\$25 on-site)

\$35 family of four (\$40 on-site)

Raise \$50 or more in sponsors

and get your registration fee refunded!

Bags for first 100 registrants!

Optional scavenger hunt during the hike!

Snacks and music throughout the afternoon!

Checks made payable to and return to:

WDF & EEC

649 Virginia Line Road

Berkeley Springs, WV 25411

For more information call (304) 433-2702 or email wind.dance@frontier.com. Entry forms and sponsor sheets available at <http://www.winddancefarm.org>.

Please detach along this line and return bottom portion with your registration fee.

Wind Dance Farm and Earth Education Center Hike-A-Thon Entry Form

Name(s): _____

Age(s): _____

Address: _____

City/State/Zip: _____ **Phone #:** _____

Email Address: _____

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any of the following: Wind Dance Farm and Earth Education Center, Cacapon State Park and all additional contributors, and assigns for any injuries suffered by me in the scheduled event. I realize that trail hiking is a potentially hazardous activity, and I attest and verify that I am physically fit and have effectively trained to complete this event.

Signature

Parent or Guardian signature if participant under 18

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Sponsor Form

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Sign up, collect pledges, show up the afternoon of October 17th, pick up your refunded registration fee IN CASH, and get to hiking! It's that simple!

Use this form to track your sponsors and pledges. Bring this form and your pledges to the registration table when you arrive at the Hike-A-Thon and if your pledges equal \$50 or more, you will be refunded the amount of your registration fee IN CASH!

Hiker's Name _____ Address _____

Total Amount of Pledges \$ _____

Sponsor Name	Sponsor Address, City, State, Zip	Pledge Amt.	Cash	Check

Wind Dance Farm and Earth Education Center is a 501(c)-3 corporation. All donations are 100%tax deductible. Please make checks payable to WDF&EEC. Additional Sponsor Forms available at www.winddancefarm.org.