



Hike-A-Thon!

Presented by Wind Dance Farm and Earth Education Center

Hikers of all ages are invited for a fun afternoon of hiking and exploring Cacapon State Park's beautiful natural setting. Spring should be popping up everywhere!

Where: Batt Picnic Shelter in Cacapon State Park, Berkeley Springs, WV 25411

(522 North coming from Winchester/522 South from Hagerstown and Martinsburg)

When: Saturday, April 30, 2016 (Rain date: Sunday May 1)

Registration begins at 12:30 pm

Begin 5 mile hike between 1 & 1:30, Begin 3 and 1.5 mile hikes between 1 & 2:30

Who Can Participate: ANYONE!

Three hiking options on the Central Trail:

5 miles--moderate difficulty level with some mid-grade uphill sections

3 miles--less distance with mid-grade uphill sections

1.5 miles--least distance with less uphill sections using some paved park roads

Entry fees:

\$20 individual (\$25 on-site)

\$35 family of four (\$40 on-site)

Raise \$50 or more in sponsors

and your registration fee is waived!

Snacks, rewards and music after the hike!

Remember to bring your water bottle!

Checks made payable to and return to:

WDF & EEC

649 Virginia Line Road

Berkeley Springs, WV 25411

For more information call (304) 433-2702 or email wind.dance@frontier.com. Entry forms and sponsor sheets available at <http://www.winddancefarm.org>.

Please detach along this line and return bottom portion with your registration fee.

Wind Dance Farm and Earth Education Center Hike-A-Thon Entry Form

Name(s): _____

Age(s): _____

Address: _____

City/State/Zip: _____ Phone #: _____

Email Address: _____

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any of the following: Wind Dance Farm and Earth Education Center, Cacapon State Park and all additional contributors, and assigns for any injuries suffered by me in the scheduled event. I realize that trail hiking is a potentially hazardous activity, and I attest and verify that I am physically fit and have effectively trained to complete this event.

Signature

Parent or Guardian signature if participant under 18

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Sponsor Form

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**Register, collect pledges, show up the afternoon of April 30, and get to hiking!
It's that simple!**

Use this form to track your sponsors and pledges. Bring this form and your pledges to the registration table when you arrive at the Hike-A-Thon and if your pledges equal \$50 or more, your registration fee will be either waived (if you have not yet registered) or refunded IN CASH!

Hiker's Name _____ Address _____

Total Amount of Pledges \$ _____

| Sponsor Name | Sponsor Address, City, State, Zip | Pledge Amt. | Cash | Check |
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Wind Dance Farm and Earth Education Center is a 501(c)-3 corporation. All donations are 100%tax deductible. Please make checks payable to WDF&EEC. Additional Sponsor Forms available at www.winddancefarm.org.